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1 Process Reflection: ChiTech2020

Exhibit a growth mindset by valuing the process over the product (Describe & Evaluate. Lead)

Part I: Reflect on the different core values and identify your strengths & growth areas in each.

Courage		
From the list on the right, describe the ***strengths*** you see in yourself - give specific examples from the classroom and journeys	➔ Try something new - especially things you feel uncomfortable doing ➔ Share in deep conversations ➔ Ask deeper questions ➔ Support classmates that get up in front to present, etc.	From the list on the left, describe the **growth areas** you see in yourself - give specific examples from the classroom and journeys
Collaboration		
From the list on the right, describe the ***strengths*** you see in yourself - give specific examples from the classroom and journeys	➔ Work with new people!!! ➔ All members on teams work equally to complete work ➔ Bounce ideas off each other and be other to new ideas ➔ Hold my team members accountable when working together	From the list on the left, describe the **growth areas** you see in yourself - give specific examples from the classroom and journeys

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Curiosity		
From the list on the right, describe the ***strengths*** you see in yourself - give specific examples from the classroom and journeys	➔ Ask a lot of questions ➔ Try new things; step out of my comfort zone ➔ Partnering and sitting my different people and getting to know everyone	From the list on the left, describe the **growth areas** you see in yourself - give specific examples from the classroom and journeys
Change Agency		
From the list on the right, describe the ***strengths*** you see in yourself - give specific examples from the classroom and journeys	➔ Modify my behavior to always become better ➔ Reflect on my decisions and make thoughtful changes based on my reflections ➔ Share my story and opinions with my peers to affect them positively	From the list on the left, describe the **growth areas** you see in yourself - give specific examples from the classroom and journeys

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Drive		
From the list on the right, describe the ***strengths*** you see in yourself - give specific examples from the classroom and journeys	➔ Pushing self and others to finish what we start ➔ Sharing work with the class ➔ Doing something with all your potential ➔ Go on new journeys and participate ➔ Maintaining my grades and gpa in all my classes (regardless of how much I like them)	From the list on the left, describe the **growth areas** you see in yourself - give specific examples from the classroom and journeys
Leadership		
From the list on the right, describe the ***strengths*** you see in yourself - give specific examples from the classroom and journeys	➔ Get myself back on track ➔ Encouraging others in class to do better and do what is right ➔ Leading a team ➔ Making sure everyone on a team is involved ➔ Lead by example	From the list on the left, describe the **growth areas** you see in yourself - give specific examples from the classroom and journeys

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Part 2: Reflection Questions - After reviewing your areas of strength and growth from above answer the following questions:
Be sure to answer each question fully and **provide examples from your reflection above.**

- ➔ What did you learn about yourself by reflecting on the core values? How did you learn from others?
- ➔ Where have you struggled? How did you respond to that struggle?
- ➔ How have you grown?
- ➔ What would you like to do differently? Where do you want to push yourself in the future?
- ➔ What do you want to celebrate about yourself? What are you proud of? Where was your biggest growth?
- ➔ What grade would you give yourself? Why?

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